

Trainingsplan - Hinrunde 2019/20

		Rasenplatz			Rasen (klein)	Ascheplatz		Kunstrasen	
		1. Hälfte	2. Hälfte	Hinter Tor		1. Hälfte	2. Hälfte	1.Hälfte	2. Hälfte
Mo.	16:30-17:00	U 6	U 7		U 8			U 9.2	U 9.1
	17:00-17:30	U 6	U 7		U 8			U 9.2	U 9.1
	17:30-18:00				U 8			U 9.2	U 9.1
	18:00-18:30							U15.1	U17
	18:30-19:00						U15.2	U15.1	U17
	19:00-19:30						U15.2	U15.1	U17
	19:30-21:00							AH	
Di	16:30-17:00	U 5 ab 16Uhr							
	17:00-17:30	U10	U11.1						
	17:30-18:00	U10	U11.1						
	18:00-18:30	U10	U11.1					U19.1	U13.2
	18:30-19:00							U19.1	U13.2
	19:00-19:30							U19.1	U13.2
	19:30-21:00					Herren 3	Herren 2	Damen 2	
Mi	16:30-17:00							16-17:30Uhr Alexianer	
	17:00-17:30		U 11.2		U13.1			16-17:30Uhr Alexianer	
	17:30-18:00		U 11.2		U13.1	U15.1	U 15.M	U 13.M / U11.M	U15.2
	18:00-18:30		U 11.2		U13.1	U15.1	U 15.M	U 13.M / U11.M	U15.2
	18:30-19:00					U15.1	U 15.M	U 13.M / U11.M	U15.2
	19:00-19:30								
	19:30-21:00					Herren 4	Damen 1	Herren 1	
Do	16:30-17:00	U 7	U 8					U 9.2	U 9.1
	17:00-17:30	U 7	U 8		U 10			U 9.2	U 9.1
	17:30-18:00		U 8		U 10			U 9.2	U 9.1
	18:00-18:30				U 10	U 19.2	U 17	U 13.2	U 19.1
	18:30-19:00					U 19.2	U 17	U 13.2	U 19.1
	19:00-19:30					U 19.2	U 17	U 13.2	U 19.1
	19:30-21:00						Herren 2	Herren 3	
Fr	16:00-16:30							13-15Uhr Alexianer	
	16:30-17:00				U 6				U 13.1
	17:00-17:30	U11.1	U 11.2		U 6				U 13.1
	17:30-18:00	U11.1	U 11.2		U 11.M	U 13.M		U 15.M	U 13.1
	18:00-18:30	U11.1	U 11.2		U 11.M	U 13.M		U 15.M	
	18:30-19:00				U 11.M	U 13.M		U 15.M	
	19:00-19:30					Damen 2	Damen 1	Herren 1	
	19:30-20:30					Damen 2	Damen 1	Herren 1	

!!! Nachholspiele in der Woche werden auf Asche angesetzt !!!

Stand: 01.08.2019

Kabinenplan Hinrunde 2019/20

		Kabine 1	Kabine 2	Kabine 3	Kabine 4	Kabine 5	Kabine 6
Mo.	16:00-16:30						
	16:30-17:00						
	17:00-17:30						
	17:30-18:00				U17	U15.1	U15.2
	18:00-18:30				U17	U15.1	U15.2
	18:30-19:00				U17	U15.1	U15.2
	19:00-19:30	AH			U17	U15.1	U15.2
	19:30-20:00	AH			U17	U15.1	U15.2
	20:00-22:00	AH					
Di	16:00-16:30						
	16:30-17:00		U10	U11.1			
	17:00-17:30		U10	U11.1			
	17:30-18:00	U19.1	U10	U11.1			U13.2
	18:00-18:30	U19.1	U10	U11.1			U13.2
	18:30-19:00	U19.1	U10	U11.1			U13.2
	19:00-19:30	U19.1	H2	H3	Damen 2		U13.2
	19:30-20:00	U19.1	H2	H3	Damen 2		U13.2
	20:00-22:00		H2	H3	Damen 2		
Mi	16:00-16:30						
	16:30-17:00	U13.1	U11.2				
	17:00-17:30	U13.1	U11.2	U11.M/U13.M	U15.M	U15.1	U15.2
	17:30-18:00	U13.1	U11.2	U11.M/U13.M	U15.M	U15.1	U15.2
	18:00-18:30	U13.1	U11.2	U11.M/U13.M	U15.M	U15.1	U15.2
	18:30-19:00	U13.1	U11.2	U11.M/U13.M	U15.M	U15.1	U15.2
	19:00-19:30	H1	H4	Damen 1	U15.M	U15.1	U15.2
	19:30-20:00	H1	H4	Damen 1			
	20:00-22:00	H1	H4	Damen 1			
Do	16:00-16:30						
	16:30-17:00		U10				
	17:00-17:30		U10				
	17:30-18:00	U19.1	U10		U17	U19.2	U13.2
	18:00-18:30	U19.1	U10		U17	U19.2	U13.2
	18:30-19:00	U19.1	U10		U17	U19.2	U13.2
	19:00-19:30	U19.1	H2	H3	U17	U19.2	U13.2
	19:30-20:00	U19.1	H2	H3	U17	U19.2	U13.2
	20:00-22:00		H2	H3			
Fr	16:00-16:30	U13.1					
	16:30-17:00	U13.1	U11.2			U11.1	
	17:00-17:30	U13.1	U11.2	U11.M/U13.M	U15.M	U11.1	
	17:30-18:00	U13.1	U11.2	U11.M/U13.M	U15.M	U11.1	
	18:00-18:30	U13.1	U11.2	U11.M/U13.M	U15.M	U11.1	
	18:30-19:00	H1	U11.2	Damen 1	Damen 2	U11.1	
	19:00-19:30	H1		Damen 1	Damen 2		
	19:30-20:00	H1		Damen 1	Damen 2		
	20:00-22:00	H1		Damen 1	Damen 2		
Sa.	Spielbetrieb						

bei Nachholspielen bitte in die Kabine die in den Klammern steht

Stand: 02.08.2019

GWA für GWA!