

# Trainingsplan - Sommer 2018/19

		Rasenplatz			Rasen (klein)	Ascheplatz		Kunstrasen	
		1. Hälfte	2. Hälfte	Hinter Tor		1. Hälfte	2. Hälfte	1.Hälfte	2. Hälfte
Mo.	16:30-17:00	U 6	U 8.1 & .2		U 7 & U 11				
	17:00-17:30	U 6	U 8.1 & .2		U 7 & U 11				
	17:30-18:00		U 8.1 & .2		U 11			U15.1	U15.2
	18:00-18:30					U17		U15.1	U15.2
	18:30-19:00					U17		U15.1	U15.2
	19:00-19:30					U17		U15.1	U15.2
	19:30-21:00		TWT					AH	
Di	16:30-17:00	U 9.1	U 9.2		U10				
	17:00-17:30	U 9.1	U 9.2		U10				
	17:30-18:00	U 9.1	U 9.2	TWT	U10			U13.3	U13.1
	18:00-18:30			TWT		U13.2	U19	U13.3	U13.1
	18:30-19:00			TWT		U13.2	U19	U13.3	U13.1
	19:00-19:30					U13.2	U19		
	19:30-21:00							Herren 1 & 2	
Mi	16:30-17:00		U 8.1 & .2					16-17:30Uhr Alexianer	
	17:00-17:30		U 8.1 & .2					16-17:30Uhr Alexianer	
	17:30-18:00		U 8.1 & .2		U 13.M			U11.M & U15.M	
	18:00-18:30				U 13.M			U11.M & U15.M	U17
	18:30-19:00				U 13.M			U11.M & U15.M	U17
	19:00-19:30								U17
	19:30-21:00							Damen & Herren 4	
Do	16:30-17:00	U 6			U 7			U10	U11
	17:00-17:30	U 6			U 7	U15.1	U15.2	U10	U11
	17:30-18:00		U13.1		U13.3	U15.1	U15.2	U10	U11
	18:00-18:30		U13.1		U13.3	U15.1	U15.2	U13.2	U19
	18:30-19:00		U13.1		U13.3			U13.2	U19
	19:00-19:30							U13.2	U19
	19:30-21:00							Herren 1 & 2	
Fr	16:00-16:30				U 5			13-15Uhr Alexianer	
	16:30-17:00				U 5				
	17:00-17:30				U 9.1 & .2				
	17:30-18:00				U 9.1 & .2			U11.M / U13.M / U15.M	
	18:00-18:30				U 9.1 & .2			U11.M / U13.M / U15.M	
	18:30-19:00							U11.M / U13.M / U15.M	
	19:00-19:30							Damen	
	19:30-20:30							Damen	Herren 3

**!!! Nachholspiele in der Woche werden auf Asche angesetzt !!!**

Stand: 27.08.2018

# Kabinenplan

## Rückrunde 2017/18

		Kabine 1	Kabine 2	Kabine 3	Kabine 4	Kabine 5	Kabine 6
Mo.	16:00-16:30						
	16:30-17:00						
	17:00-17:30			U15.2	U15.1	U11 (2)	
	17:30-18:00		U17	U15.2	U15.1	U11 (2)	
	18:00-18:30		U17	U15.2	U15.1	U11 (2)	
	18:30-19:00		U17	U15.2	U15.1	U11 (2)	
	19:00-19:30	AH	U17	U15.2	U15.1	U11 (2)	
	19:30-20:00	AH	U17	U15.2	U15.1		
	20:00-22:00	AH					
Di	16:00-16:30		U10				
	16:30-17:00		U10				
	17:00-17:30		U10			U13.1 (2)	U13.3 (3)
	17:30-18:00		U10	U19	U13.2	U13.1 (2)	U13.3 (3)
	18:00-18:30	H1	U10	U19	U13.2	U13.1 (2)	U13.3 (3)
	18:30-19:00	H1		U19	U13.2	U13.1 (2)	U13.3 (3)
	19:00-19:30	H1	H2	U19	U13.2	U13.1 (2)	U13.3 (3)
	19:30-20:00	H1	H2	U19	U13.2		
	20:00-22:00	H1	H2				
Mi	16:00-16:30						
	16:30-17:00						
	17:00-17:30					U15M (3)	U13M (3)
	17:30-18:00		U17			U15M (3)	U13M (3)
	18:00-18:30		U17			U15M (3)	U13M (3)
	18:30-19:00		U17			U15M (3)	U13M (3)
	19:00-19:30	H3	U17	Damen	H4	U15M (3)	U13M (3)
	19:30-20:00	H3	U17	Damen	H4		
	20:00-22:00	H3		Damen	H4		
Do	16:00-16:30	U11	U10				
	16:30-17:00	U11	U10	U15.2	U15.1		
	17:00-17:30	U11	U10	U15.2	U15.1	U13.1 (2)	U13.3 (4)
	17:30-18:00	U11	U10	U15.2 & U19	U15.1 & U13.2	U13.1 (2)	U13.3 (4)
	18:00-18:30	U11	U10	U15.2 & U19	U15.1 & U13.2	U13.1 (2)	U13.3 (4)
	18:30-19:00	H1		U15.2 & U19	U15.1 & U13.2	U13.1 (2)	U13.3 (4)
	19:00-19:30	H1	H2	U19	U13.2	U13.1 (2)	U13.3 (4)
	19:30-20:00	H1	H2	U19	U13.2		
	20:00-22:00	H1	H2				
Fr	16:00-16:30						
	16:30-17:00						
	17:00-17:30			U15M	U13M		
	17:30-18:00			U15M	U13M		
	18:00-18:30			U15M	U13M		
	18:30-19:00		H3	U15M / Damen	U13M		
	19:00-19:30		H3	U15M / Damen	U13M		
	19:30-20:00		H3	Damen			
	20:00-22:00		H3	Damen			
Sa.	<b>Spielbetrieb</b>						

bei Nachholspielen bitte in die Kabine die in den Klammern steht

Stand: 27.08.2018

**GWA für GWA!**